

WAYS YOUR DENTIST CAN TELL YOU VAPE

More than 8% of adults in Hawaii vape regularly. It's best to let your dentist know you vape, so your dentist can share how it affects your oral health and be on the lookout for any associated issues.

DENTISTS CAN SPOT

Dry Mouth

Vaping raises the risk for dry mouth and can result in gum disease, tooth decay, infections, bad breath, and sores. Nicotine, a highly addictive substance found in vaping products, reduces blood flow to the gums and causes dry mouth.

Gum Disease

Nicotine's effect on the gums can cause gum disease, destroying the tissue and bone holding teeth resulting in tooth loss.

Tooth Decay and Stained Teeth

Vape juice breaks down into acids, which damage the enamel (outer coating of your teeth), can stain your teeth and irritate gum tissue. The damaged enamel can't protect the tooth pulp (center of the tooth). An exposed pulp can result in bleeding, infections, and pain, resulting in a greater risk of cavities.

Inflammation

Vapes attack good bacteria that help to fight infections. These infections result in inflammation and discomfort.

For more tips on how to take care of your smile, visit HawaiiDentalService.com.

